

The 5 best VEGETARIAN restaurants

1 THE NAAM RESTAURANT

2724 W 4th Avenue
Kitsilano 📍
+1 604 738 7151
thenaam.com

Opened in 1968, The NAAM is the city's oldest natural foods restaurant and a Vancouver institution. Known for their miso gravy and fries, the space is homey and welcoming. The best part? The cafe is open 24 hours a day, 7 days a week, perfect for all your late-night veggie cravings.

2 THE ACORN

3995 Main St
Riley Park 📍
+1 604 566 9001
theacornrestaurant.ca

Named one of the best vegan-friendly restaurants in the world, The Acorn offers veggie-forward fine dining and carefully crafted cocktails. With a seasonal menu, each dish is built around a single, locally sourced ingredient, and promises that even the biggest carnivores won't miss the meat.

*Pro-tip: Check out their sister restaurant, The Arbour, a couple of doors down.



3 KOKOMO

5 wonderful spots to get your COFFEE FIX

141 AGRO ROASTERS

550 Clark Drive
Grandview-
Woodland ⑥
+1 778 654 5727
agroroasters.com

Off the beaten track, this is a locally owned and operated, organic coffee roaster. The beans are carefully selected by the Head Roasters, including one of Canada's few licensed Q Graders (basically a sommelier for coffee). Agro has a keen interest in how and where coffee is grown. The cafe itself has an industrial interior, bright white and minimal.



142 OLIVE + RUBY

2389 W Broadway
Kitsilano ⑦
+1 604 801 9600
oliveandrubbycafe.com

Serving health-conscious fare and well-brewed bean water, Olive + Ruby serves espresso from Pallet Coffee Roasters, an amazing local roastery. The cafe is small, bright and quirky, covered in planters and natural wood. Grab a coffee and take a seat in one of their beautiful hanging chairs.

143 COFFEE ROASTERY MODUS

112 W Broadway
Mount Pleasant ⑧
+1 604 873 5111
moduscoffee.com

Opening the coffee shop in 2017, after a couple of years as an established roastery, Modus pushes the boundaries when it comes to their brew. Keeping it on the lighter side, they love a balanced and sweet coffee. The space is minimal, flooded with natural light, a handful of tables and a large communal bench.

144 KAHVE

1822 W 1st Avenue
Kitsilano ⑦
+1 604 222 9002
kahvevancouver.com

Serving up some of the best latte art in the city, this Kitsilano coffee shop offers smooth espresso drinks, a careful selection of food and the best London Fog in the city. The contemporary interior looks like a cross between an upscale boutique and a coffee shop with coffee related equipment and housewares on display.

145 MOVING COFFEE ROASTERY

64 E 3rd Avenue
Mount Pleasant ⑧
movingcoffee.com

Hidden inside Fife Bakery, this teeny tiny coffee shop is more like a coffee counter but let's be clear, that is no reflection of how good their coffee is. Run by husband-and-wife duo, Shirley and Edmond (a Q Grader), everything from a classic pour-over to their Morning Whiskey cold brew and sausage rolls is extraordinary.

5 top-notch SPECIALTY SHOPS

191 **THE MODERN BARTENDER**
28 E Pender St
Chinatown ②
+1 604 684 1747
themodernbartender.com

Tucked away in Chinatown, The Modern Bartender has anything and everything for the bar enthusiast. With a selection of over 200 types of bitters, glassware for everything and gadgets galore, the interior has a mystical apothecary feel.

192 **PAPER-YA**
1666 Johnston St, #9
Granville Island ⑦
+1 604 684 2531
paper-ya.com

Ya means store in Japanese, and quite simply Paper-Ya is just that, a paper store. Located in the heart of Granville Island, the shop is best known for the beautiful handmade paper they import from all over the world. It doesn't stop there though, Paper-Ya features a wide selection of complementary merchandise.

193 **GRANVILLE ISLAND BROOM CO.**
1406 Old Bridge St
Granville Island ⑦
+1 855 519 0506
broomcompany.com

Owners Mary and Sarah Schwiager say it often, no two brooms from the Granville Island Broom Co. are the same. Handcrafted in Vancouver using antique tools and equipment, the brooms are all made in the Shaker style originating in the eastern United States. Using quality materials, the brooms are long lasting and functional.

194 **BUTTON BUTTON**
318 Homer St, #202
Gastown ①
+1 604 687 0067
buttonbutton.ca

As you might have guessed, this small Gastown shop is lined floor to ceiling, wall to wall with buttons. With inventory from all over the world, made from every material imaginable and in every colour possible, owner Angela Ho will be happy to help you find just the button you're looking for.

195 **BEADWORKS**
1666 Johnston St, #5
Granville Island ⑦
+1 604 682 2323
beadworks.ca

Family-owned and -operated since 1986, if it has to do with beads, BeadWorks has you covered. This one-of-kind shop is full to the brim with beads of all colours, sizes and shapes. Make your own jewellery in store! Grab a design tray and make your selections. A staff member will help you put it all together – it makes for a one of a kind souvenir!





MARINE BUILDING

20 BUILDINGS TO ADMIRE

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The 5 most memorable CITY VIEWS

306 QUEEN ELIZABETH PARK

4600 Cambie St
Riley Park ⑨
+1 604 873 7000
vancouver.ca

The horticultural jewel of the city, at 152 metres above sea level this park is also the highest point making for amazing views of the city and North Shore Mountains. After checking out the view, tour the manicured gardens or pop into the Bloedel Conservatory, a beautiful indoor tropical garden.

307 VANCOUVER LOOKOUT

555 W Hastings St
Gastown ①
+1 604 689 0421
vancouverlookout.com

Situated in the Financial District of Downtown, inside the Harbour Centre, the Vancouver Lookout takes you up over 550 feet (167 metres) in 40 seconds to a viewing deck offering 360-degree views of the city. Another way to see the mountain and city views is to dine at the Top of Vancouver Revolving Restaurant.

308 CYPRESS HIGHVIEW LOOKOUT

Cypress Bowl Road
West Vancouver ⑩

This lookout is located just off the road on your way up to Cypress Mountain Resort. From here you'll see incredible views of the Lions Gate Bridge, Stanley Park, Burrard Inlet and the downtown. Best time to go is as the sun is setting, highlighting the city.

309 CHARLESON PARK

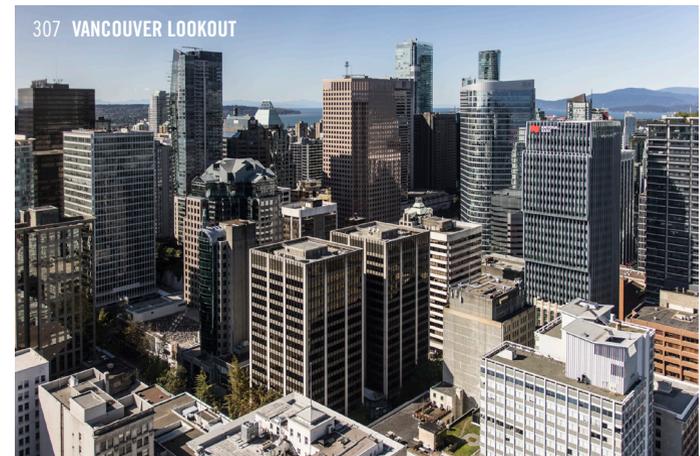
999 Charleson St
Fairview ⑦
+1 604 873 7000
covapp.vancouver.ca

Within this peaceful park you'll find winding paths, a waterfall and a pond. If you make your way towards the Seawall you'll also find a striking view of the downtown shoreline. In one shot you'll be able to see the gleaming glass buildings, boats moving through False Creek and people zipping along the Seawall opposite.

310 SECRET CAMBIE CLIMBING TREE

Cambie Corridor ⑨

Known as the Cambie Climbing Tree, this special spot offers one of the best views of the city but you have to find it first. The impressive evergreen features a hammock, tire swing and perfectly spaced branches. The location is kept secret via the honour system, however, if you head south from the King Edward SkyTrain Station you may just find it.



The 5 most GRAM-ABLE STREET MURALS

366 **NO RAIN
NO FLOWERS**
BY THRIVE ART STUDIO
**Betw 7th and 8th
Avenue near Main St
Mount Pleasant** ⑧

As much as Vancouverites know the rain keeps the city beautiful, sometimes we forget. The soft pink and navy *No Rain No Flowers* mural, however, is a good reminder. To quote the artists: “Just like all great things in life you don’t get the reward without the work. You don’t get the flowers without the rain.”

367 **VANCOUVER STUDIO
(AFTER MATISSE)**
BY ANDY DIXON
**4th Avenue betw
Quebec and Main
Mount Pleasant** ⑧

North Van native Andy Dixon has been making waves in the art world with his mesmerizing and colourful paintings. His work showcases around the world and sells for tens-of-thousands of dollars. His contribution to the 2017 Mural Fest allows passersby a glimpse into his nearby Vancouver studio. The paintings propped up within the mural are full-scale replicas of paintings he has completed.

368 **ALLEY OOP**
BY HCMA IN PARTNERSHIP
WITH CITY OF VANCOUVER
AND THE DOWNTOWN
VANCOUVER BUSINESS
IMPROVEMENT
ASSOCIATION
**688 W Hastings St
Downtown** ②

More than just a mural, Alley Oop is meant to be an urban space for people to come play! Located in an alley south of Hastings between streets Granville and Seymour, the mural was completed in 2016 and features a small basketball court and hopscotch. It’s rare to come to the pastel thoroughfare without seeing a photoshoot of some type going down.

369 **RIDE WILD**
BY CARSON TING
**143 E 3rd Avenue
Mount Pleasant** ⑧

This 98-foot by 16-foot-tall (30 by 5 metre) mural took seven days to complete. The painting is meant to be a fun portrayal of the mindset of a Vancouver commuter, basically to cycle or not to cycle. Designed as an augmented reality piece, download the Generate app and watch the mural come to life!

370 **#KITSWINGS**
BY SANDY PELL
**Northwest corner
of Burrard St and
W 4th Avenue
Kitsilano** ⑦

Inspired by the bald eagles living nearby, artist Sandy Pell created the 40-foot by 25-foot (12 by 7,5 metre) winged wall mural with her husband Steve. The mandala-like outline behind the wings is based on the stunning Kitsilano sunsets and sunrises, painted in gold metallic paint “to almost grab the sun as it shines onto the wall”. Stand in front, snap a pic and look like an angel.

5 wonderful BOUTIQUE SLEEPS

401 THE BURRARD

1100 Burrard St
Downtown ②
+1 604 681 2331
theburrard.com

Formerly a motor hotel from 1956, this hotel is situated downtown, between trendy Yaletown and the beachy-fun West End. The hotel combines mid-century modern with contemporary designs and a touch of 1950s groove. The hotel wraps around a lush central courtyard, perfect for chilling out after a day of sightseeing.

402 LODEN

1177 Melville St
Coal Harbour ③
+1 604 669 5060
theloden.com

Conveniently located in Coal Harbour, this luxury boutique hotel is ultra cool. The decor is modern and sleek, with punchy pops of colour. They are known for their eye for detail and sincere staff, as well as the floor-to-ceiling windows found in the beautiful rooms.

403 HOTEL BLU

177 Robson St
Downtown ②
+1 604 620 6200
hotelbluvancouver.com

This upscale hotel's motto is 'luxury and technology meet sustainability'. This high tech spot is not without its comforts however, with chic rooms and facilities, they offer complimentary yoga and a tablet loaded with entertainment. Stay after stay, BLU proves that going green can still look and feel good.

404 OPUS HOTEL

322 Davie St
Yaletown ②
+1 866 642 6787
vancouver.opushotel.com

Perhaps the most stylish sleep in the city, the OPUS Hotel is consistently named one of the best hotels in Canada. The designer rooms have contemporary-chic interiors with bold colours, mod furnishings and feng-shui bed placements. On site you'll also find the sleek OPUS bar and La Pentola restaurant serving classic Italian.

405 THE LISTEL HOTEL

1300 Robson St
West End ③
+1 604 684 8461
thelistelhotel.com

If you ever wanted to stay in an art gallery, this is as close as you might get. Named the city's 'most artful hotel', each and every room in The Listel Hotel is designed as an individual gallery featuring limited edition prints and original artwork. Additionally, the hotel is committed to the environment and has been 100% waste-free since 2011.



The 5 most common CITY NICKNAMES

471 CITY OF GLASS

Both a nickname for the city and a book by famed Vancouver creative, Douglas Coupland. 'City of Glass' refers to the dominant steel and glass architectural aesthetic used primarily in the downtown. To see the 'City of Glass' in its full glory, take a trip into the downtown via the Cambie Street Bridge.



472 RAINCOUVER / RAIN CITY / THE WET COAST

Located in a temperate rainforest, Vancouver on average receives 146 cm of rainfall each year. While Vancouverites might grow tired of the grey and wet of the winter months, we know it's what keeps our city so green and beautiful.

473 VANCITY

Believed to have originated from the Vancouver hip-hop scene, 'Vancity' is used frequently on social media and more informal media to refer to Vancouver. It is also the name of a popular apparel brand, Vancity Original, and can be seen around town on sweatshirts and toques.

474 TERMINAL CITY

Terminal City was the nickname given to Vancouver as the western terminus of the Canadian Pacific Railway (CPR). Primarily used for freight, the CPR was once the only practical way to travel across the country. The railroad was extended to Vancouver following British Columbia joining Confederation in 1871.

475 HOLLYWOOD NORTH

Vancouver is the city that never plays itself. With its varied geography, cheaper Canadian dollar and government subsidies, the city often doubles as other locations and is the third-largest production centre for film and television, behind Los Angeles and New York. Being just a three-hour plane ride and in the same time zone of LA also adds to the allure.